

Emotional stress such as taking final exams	◆			
Vomiting		◆		

EMERGENCY DEPARTMENT RECOMMENDATIONS

This patient is **ADRENAL INSUFFICIENT**. If this patient has continued vomiting, feels weak and/or is unable to respond normally, he/she may be in adrenal crisis. Monitor blood pressure and hydration status, send stat BMP, and provide fluids/glucose as needed.

Hydrocortisone IV/IM should be given immediately:

0-2yrs: 25mg

3-9 yrs.: 50mg

>10 yrs: 100mg

Cortisol dependent children **CAN DETERIORATE QUICKLY**. If there are any questions regarding management, please contact the Division of Pediatric Endocrinology.